ROUND-UP

Newsletter of the Network of the National Library of Medicine, Region 3

IN THIS ISSUE

A NOTE FROM BRIAN

2

Leadership Pathways & Emerging Leader Awards

LEARNING 4
OPPORTUNITIES

NNLM VIDEO 7

PRODUCT

GUIDES:OPEN-I

NNLM BOOK 8

CLUB:ELDERCARE

JOB POSTINGS 9



A Note from the Brian

This year, I am privileged to be a part of the <u>NLM/AAHSL Leadership Fellows Program</u>, which prepares emerging leaders for the role of an academic health science library director. If this sounds familiar, it's because our Emerging Leader Award (check out all of our funded leaders on pg. 3!) was inspired by this program.

Why do we offer this? Put simply, this work in addition to our student development programs and our rolling professional development awards directly contribute to one of NNLM's primary goals to "support a highly trained workforce for biomedical and health information resources and data." To us, that also means developing leaders (whether formally or otherwise) that can contribute positive change and purpose-driven cultures in their organizations.

I think this approach is rooted in the values of our profession. When I chat with friends who work in other industries, the amount of support and passion I describe to them often seems very alien to them. Why would we spend our time doing unpaid volunteer work in a professional association? For many, I think it's because we find intrinsic value and lifelong colleagues or friendships in making those contributions, much like many of us find in our personal hobbies. This may be the very reason we sometimes find it challenging to articulate our own value to others, but I think we make up for it in how thoughtful and transparent we are in serving each other.

When I think about what it takes to build coalitions and sustainable programs, it requires leaders at all levels that can drive positive change within their organizations and in the larger community. In toxic, myopic, or reactionary environments solely focused on short-term outcomes at the expense of its people or values, there's certainly a lot that can be accomplished. But when there's no greater strategy or investment in developing your people, it may be a Pyrrhic victory (sometimes for the larger community if not the organization itself) otherwise.

Capacity is more than having staff or structural elements and the mere ability to do the work. It's about having a culture where people can thrive and have the freedom to innovate. It's about having well-defined roles, reasonable expectations, clear and frequent communication, and building processes that are consistent and continuously improved. And I think these are some of the skills and lessons that are instilled in our awardees through their mentors and the readings we prescribe. These are certainly things I continuously aspire to foster as well!

What's been so rewarding is seeing the value that all of our awardees have been getting out of these programs. Last year, they convened two sessions (which I did not steer them toward doing) on leadership at SCC/MLA and <u>developed a resource list that hopefully you'll find useful in your own learning journey</u>. If you feel inspired to be a leader in any capacity, whether it's from where you are or in formal leadership, I encourage you to apply next year!

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Brian Leaf Executive Director NNLM Region 3



Celebrating Leadership Pathways & Emerging Leader Awards

NNLM Region 3 is thrilled to introduce our Emerging Leader & Leadership Pathways awardees. (Pictured below from left to right)

Leadership Pathways

- Casey Phillips, MLIS, AHIP, Health Sciences Librarian, School of Nursing Liaison, University of Kansas Medical Center
- Lara Ouellette, MLS, Research & Instruction Librarian, The TMC Library

Emerging Leader

- Deborah Divis, Health Sciences Librarian, Research & Instruction, Creighton University
- Jamie Quinn, MSIS, AHIP, Library Director, Baylor University Louise Herrington School of Nursing

A special 'Thank You' to all of our mentors who provide exceptional support to our awardees!



Learning Opportunities

Navigating Systematic Reviews with AI: Best Practices and Challenges

Join us for Health Bytes on Wednesday, April 9, 2025! Margaret Foster, MS, MPH, Evidence Synthesis and Scholarly Communication Librarian and the Head of the Center for Systematic Reviews and Research Syntheses at the Medical Sciences Library, Texas A&M University, will present "Navigating Systematic Reviews with AI: Best Practices and Challenges."

Margaret is the co-author of the first book written on systematic reviews for librarians-Assembling the Pieces of a Systematic Review: A Guide for Librarians (2017) and recently Piecing Together Systematic Reviews and Other Evidence Syntheses (2022). She received the Presidential Impact Award from Texas A&M University in 2018 and the Lucretia W. McClure Excellence in Education Award in 2024 from the Medical Library Association.

Register here.



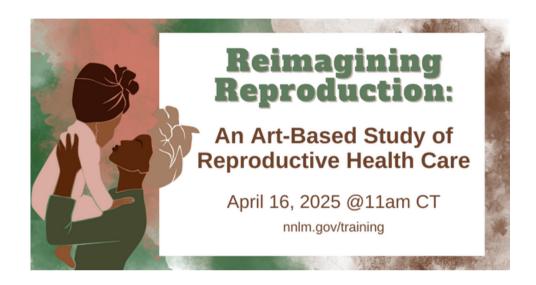
Guest Speaker: Margaret Foster
April 9, 2025
10 - 11 am (CST)



Most Health Bytes episodes are eligible for 1 MLA CE. Find us on <u>Spotify</u>, <u>Apple Podcasts</u>, or wherever you stream audio.

Learning Opportunities

Reimagining Reproduction: An Art-Based Study of Reproduction Healthcare



Drawing from a more extensive health study that centers on people's lived experiences with accessing reproductive health care, previous health research, and poetics, this study uses an art-based research approach to create erasure poems that detail how people deal with challenges in accessing reproductive health care. For example, discussions include the importance of community networks (e.g., friends and family members) along health journeys, creating better support systems for parents, and new understandings of challenges in accessing reproductive based care.

The speaker is Robyn B. Adams, Ph.D., a multi-hyphenate artist, friend, community-based full-spectrum doula, health communication scholar, and Assistant Professor at Texas Tech University. As a health scholar, Dr. Adams' primary work builds power with academic and non-academic health-centered stakeholders by centering on their health-related experiences via storytelling to understand more about the material and lived needs that necessitate improving health access and care for all people.

Register here.

Learning Opportunities

New On-Demand Course: NIH Public Access Policy for Librarians

Are you a librarian working with NIH-funded researchers? Want to stay ahead of the curve in supporting their compliance with federal requirements? This new on-demand course is designed just for you!

Why take this course?

If you're starting to navigate NIH policies or you want to fine-tune your skills, this course provides everything you need to know in a librarian-friendly format. Learn how to guide researchers through the NIH Manuscript Submission process, track compliance with NCBI and My Bibliography, and discover how much you can become an essential part of the research ecosystem.

Course Highlights:

- Understand the NIH Public Access Policy
- Navigate the Manuscript Submission Process
- Build NCBI & My Bibliography Skills
- Discover your role as a librarian

Register here.

Moodle class: NNLM Book Discussion 'What the Eyes Don't See' by Dr. Mona Hanna-Attisha

You are invited to join us for the NNLM Book Discussion. From February 1 - April 30, 2025, we will discuss What the Eyes Don't See by Mona Hanna-Attisha. After aquiring the book in your preferred format, you can join us any time between February 1 - April 30, 2025 to participate.

Register here.

Live Discussion: April 25 at 12 pm (PST)



NLM Video Product Guides: Open-i

Open-i contains images from PubMed Central articles and from the NLM History of Medicine (including charts, graphs, clinical images, etc.) from open-source literature and biomedical image collections.

Check out this helpful product guide video on YouTube! In 3-minutes you'll learn how to access more than 3-million abstracts and images from open source literature and biomedical image collections.



NNLM.gov Guides & Resources

NNLM has hundreds of products for researchers, health professionals, librarians, and the general public. The product guide videos provide a brief introduction to different products, their features, and their scope.

Find additional guides and resources on health information and health literacy topics. They are listed with brief descriptions, in alphabetical order, for an easier search. Check out the new NLM Product Guides.

NNLM Book Club: Eldercare

On behalf of the NNLM Reading Club team, we are pleased to announce the March 2025 theme, Eldercare. A <u>caregiver</u> gives care to someone who needs help taking care of themselves. The person who needs help may be a child, an adult, or an older adult. Caregiving can be rewarding. It may help to strengthen connections to a loved one. But caregiving may also be stressful and sometimes even overwhelming. Taking care of your own physical and mental health is important. Because when you feel better, you can take better care of your loved one.

According to the <u>Centers for Disease Control and Prevention</u>, 1 in 5 adults in the United States are now caregivers, and the number is growing as the population ages.

According to <u>U.S. Census projections</u>, by 2030, people 65 and older will outnumber those 18 and under. Projections indicate that this will continue with a growing gap. By 2040 projections indicate 19% of the population will be under 18 and 22% over 65. In fact, almost 4% of the population is projected to be 85 or older. Given these numbers, attention to healthy aging and caregiver resources are more important than ever.

This month we are pleased to be featuring three new books specific to eldercare as it relates to caregiving and caregivers:

- <u>Ladysitting: My Year with Nana at the End of Her Century</u> by Lorene Cary
- A Cup of Tea On The Commode: My Multi-Tasking Adventures Of Caring For Mom And How I Survived To Tell The Tale by Mark Steven Porro
- Polar Vortex: A Family Memoir by Denise Dorrance

Books and health information resources are available on our **Eldercare Reading Club page**.



Job Postings

Health Sciences Library Director

Dana Health Sciences Library University of Vermont



Liaison Librarian to Clinical Services

UT Health San Antonio, Texas

Health Sciences Librarian

Bucknell University Lewisburg, Pennsylvania

Is your organization's membership expired? Let us check for you! <u>Email NNLM Region 3</u> with your organization's name and we will do the rest!

We want to connect with you!



UNT HSC Region 3 Landing Page: https://library.unthsc.edu/nnlmregion3

NNLM Website: https://nnlm.gov/about/regions/region3



Email address: nnlmregion3@unthsc.edu

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We answer our phones!: 817-735-2223

Staff contact details: https://library.unthsc.edu/nnlmregion3/contactus

